MY OWN SILENCE

LOGLINE

A woman spends the day struggling with anxiety and depression, and an addiction with self-harm.

Written & Directed by	Matthew James Eberle
Produced by	Jesse Newby & Matthew James Eberle
Cinematography by	Stephen Ho
Sound Design by	Bruce Yang
Original Score by	Jake R. Sanderson
Edited by	Janie Gaddy
Color Grading by	Stephen Ho

Director's Statement

Although this project took much longer to complete than originally hoped, I ultimately believe this delay was to the benefit of the film. Conceived shortly before the beginning of covid, the film had time to develop and mature due to the lockdowns and natural delays post pandemic.

After finishing my grad school thesis film, I was looking to tackle a project that was smaller in scope, both from a narrative and character standpoint. Something that allowed me to focus more on the nuances of a single point of view. I was fortunate enough to be able to work with the immeasurably talented Kelley Mack, who was as invested in bringing this character to life as myself. A film and character that allowed me to explore my own anxieties and occasional depression - emotions only brought to more relevance as the isolation of the pandemic dragged on. Thus, My Own Silence was born.

<u>Cast</u>



Kelley Mack is an actress, voice over artist and producer who was born in Cincinnati, OH. Some of her television credits include The Walking Dead (AMC), Chicago Med (NBC) and 9-1-1 (FOX), and principal roles in the feature films Broadcast Signal Intrusion (Dark Sky Films) and Profile (Focus Features). She has contributed her voice over talents to Spider-Man: Into the Spider-Verse, as well as commercials for the brands Hyundai, Goodwill, Anheuser-Busch, Roku, and many more.

As a producer, she has created multiple short films, including the award-winning A Knock at the Door, a horror/thriller that sold to Shudder. In addition to her love for the entertainment industry, she

enjoys playing tennis, pickleball & piano, consuming dark chocolate & whiskey, and annoying her two younger siblings.



Paris Perrault graduated from UC Davis with a double major in Dramatic Arts (emphasis in Theatre) and Political Science. She has also studied at UCLA School of Theatre Film and Television.

9-1-1: Lone Star, LA's Finest, How to Get Away with Murder, and Grey's Anatomy. Other theatre credits include Pericles, Prince of Tyre, A Doll's House, Some Girl(s), One Night Stands, L'Chaim.



Meg Evans holds a B.A. in Acting from Brandeis University, an MPhil. in Theatre and Performance from Trinity College Dublin and an M.F.A. in Acting from the University of California Irvine. Her research primarily focuses on the integration of mind-body practices in actor training in the United States. She has instructed Voice/Speech at the University of California, Irvine and specializes in Movement for the Actor. She has been an instructor of yoga and AcroYoga nationally and internationally for over a decade.

Stage credits include Lady Macbeth at the Robert Cohen Theatre, Mad Madge with CounterBalance Theatre Company, and three seasons with the New Swan Shakespeare Festival.

<u>Crew</u>



Matthew James Eberle (Director & Writer) was born in California and split his youth between the west coast and midwest. Matthew graduated from Chapman University's Dodge College in 2017, where he received an M.F.A. in Film Production. While at Chapman his graduate thesis film, James Joyce's The Sisters was selected for the Leo Freedman Foundation First Cut grant, and was a finalist for the 2017 ASC Heritage Award for Cinematography. His thesis film spent two years on the festival circuit, finishing its run as a special showing at the 2021 Bloomsday Film Festival.

Matthew has studied and been mentored by some of Hollywood's

best, including Academy Award winning writer David S. Ward and former DGA President and award winning director Martha Coolidge. He has also recently finished producing the short film The Magic Ticket. He likes to explore character through image, sound and emotion to tell compelling stories about the human condition.



Jesse Newby (Producer) is a composer and statistical musicologist. Jesse holds a BA in Music and Film Studies from the University of Delaware, where he conducted research into the relationship between music, image, and narrative in filmic mediums; he also performed as a member of the UD Opera Theatre and the internationally acclaimed UD Chorale. Jesse also holds an MBA from Chapman University, with an emphasis in Data Analytics. He has composed numerous film scores for student filmmakers across the country.



Stephen Ho (Cinematographer) is a native of the San Francisco Bay Area, born in Oakland and raised in El Cerrito. He attended the University of California at Davis, earning a Bachelor's in Technocultural Studies (now Cinema and Digital Media) and Japanese.

He spent three years in Japan teaching English in the Japan Exchange and Teaching Programme, where in 2011, he coordinated efforts to translate and disseminate information and rumor control to foreigners within Japan and abroad regarding the situation after the March 11, 2011 Great East Japan Earthquake.

After returning to the United States, he attended Chapman University's Dodge College of Film and Media Arts where he earned his MFA in cinematography and was assistant to Bill Dill, ASC. While there he worked on a variety of films that spanned many genres. He is now living in Los Angeles where he hopes to continue using his skills as a cinematographer to tell visually interesting stories.



Janie Gaddy (Editor) is an experienced Editor with a demonstrated history of working in the motion pictures and film industry both in narrative long form and short form marketing. Skilled in Avid Media Composer, Adobe Creative Suite, plus many other post production programs. Strong media and communication professional with a Master of Fine Arts (MFA) focused in Film Production (Editing) from Chapman University.



Jake R. Sanderson (Composer) has been working professionally since 2014. He is an award winning film composer whose music is inspired by the works of James Horner, Trent Reznor, Thomas Newman, and Bernard Herrmann.

Ranging in styles from orchestral to minimalist to ambient and experimental, he has worked on a broad horizon of film genres setting himself apart with his mix of Western and non-Western instruments with Electronic elements.









Film Stills













THE FILM

Run Time

8min. 32sec.

5.1 AUDIO

Shot on Black Magic 4K

CONTACT

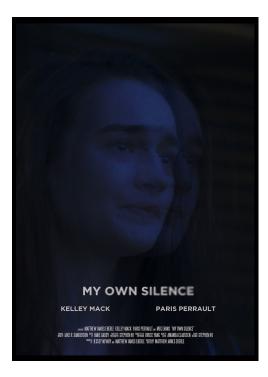
DIRECTOR mattheweberlefilms@gmail.com | CINEMATOGRAPHER stephenkuoho@gmail.com KELLEY MACK kelleymack.asst@gmail.com | COMPOSER sanderson.jake@gmail.com

FOLLOW US

www.matthewjameseberle.com/my-own-silence

instagram.com/myownsilencefilm facebook.com/myownsilencefilm www.threads.net/@myownsilencefilm

#myownsilence



©2024 My Own Silence all rights reserved